



Eva Grayzel

Motivational Storyteller

Necessary Struggle

Author unknown

A little boy found a plump iridescent caterpillar and put it in a large jar with dirt, grass, and a stick. He observed it climb up the stick and begin creating a cocoon.

Every day, he watched, waiting for the butterfly to emerge. One day, a small hole appeared in the cocoon and the butterfly started to struggle to come out. The boy became concerned. The butterfly was struggling so hard to get out! It looked like it couldn't break free! It looked desperate!

The boy decided to help, lovingly cutting the hole open. The butterfly quickly emerged but its body was swollen and its wings, shriveled. He expected, at any moment, the wings would enlarge and expand, but it didn't happen!

For the rest of its life, the butterfly crawled around unable to fly. The boy's intentions were good, but the butterfly's struggle to push its way through the tiny opening of the cocoon pushes the fluid out of its body and into its wings. Without the struggle, the butterfly would never, ever fly.

Discussion topic:

How does adversity help us learn and grow?

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INTRODUCTION TO THE STORY

There is something magical in a great story; imaginations are exercised, hearts are stirred, and new thinking emerges. This story is designed to be a quick, easy read with a valuable message, providing readers a motivational lift.

- Positively influence your day by treating yourself to an uplifting message.
- Share this story with co-workers. Discuss and bond with your team over core values.
- Read this story to children at bedtime or in a car to promote healthy communication.

GENERATE NEW THINKING AND INITIATE DIALOGUE BY ASKING THESE QUESTIONS:

What's the lesson to be learned?

How do you see yourself in the story?

If you could change anything in the story, what would it be?

How will this narrative change what you do or think?

Who would you share the story with and why?

AFTER READING THE STORY WITH CHILDREN, TRY THESE FUN ACTIVITIES:

Role-play/act out the story. Include simple props (hats, scarves).

Reword the core message of the story in rhyme.

Pick a holiday or a birthday and make a tradition of sharing a story.

Ask an older relative for personal story related to the message. Start a collection of family stories.

Record any personal stories that arise from these family activities.

EVERYONE HAS A STORY TO TELL: WHAT'S YOURS? SHARE AND CREATE CONNECTIONS

Who influenced your life and how?

What is your love story?

What is your greatest fear?

Who would you like to forgive or receive forgiveness from?

What would you do differently with a second chance?

ABOUT EVA GRAYZEL: SPEAKER, SURVIVOR, STORYTELLER

I call myself a Motivational Storyteller because every story I share, whether on a big stage or in a small group, is thoughtfully crafted to educate, entertain and inspire audiences.

This is just one of many stories available to you on EvaGrayzel.com. I would love to hear how you used the story and if it facilitated communication. If you are looking for a story on a particular subject, don't hesitate to ask.

Happy Storytelling!

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