



Eva Grayzel

Motivational Storyteller

A Choice of The Heart

Native American parable adapted by Eva Grayzel

An old Cherokee Indian Chief and his grandson sat in the shade of an ancient tree, gazing upon the river below. The elder looked troubled. Softly, the boy asked, “What’s the matter Grandfather?”

The old man frowned. “There are two wolves fighting in my heart.”

“Tell me about the wolves,” said the boy.

“One is evil, full of anger, ego, envy and greed. The other is peaceful, generous, honest and compassionate.

Curious, the boy asked, “Which one is going to win the fight?”

“Ah, my boy,” he solemnly admits, “The one I feed. I am tempted to only feed the good wolf, but that would be unwise because I need the qualities of both: the fearlessness of one to balance the humility of the other. If I feed them equally, the battle inside will subside and I will be able to listen to the voice guiding me to make the right choice.”

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