



Eva Grayzel

Motivational Storyteller

Bow or Knot

Adapted by Motivational Storyteller Eva Grayzel

It was a total stand still on the Interstate. Some people were banging their steering wheels distressed. Some tried to drive along the emergency lane to move up a few cars. Some waited in their cars with the engine running and windows shut, closed off from the world.

Others got out and sunbathed on their hoods, or pulled out a book. A group of teens blasted music and began to dance. One woman was picking a bouquet of wildflowers in the median.

If life is a ribbon, will you tie a bow or a knot?

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INTRODUCTION TO THE STORY

There is something magical in a great story; imaginations are exercised, hearts are stirred, and new thinking emerges. This story is designed to be a quick, easy read with a valuable message, providing readers a motivational lift.

- Positively influence your day by treating yourself to an uplifting message.
- Share this story with co-workers. Discuss and bond with your team over core values.
- Read this story to children at bedtime or in a car to promote healthy communication.

GENERATE NEW THINKING AND INITIATE DIALOGUE BY ASKING THESE QUESTIONS:

What's the lesson to be learned?

How do you see yourself in the story?

If you could change anything in the story, what would it be?

How will this narrative change what you do or think?

Who would you share the story with and why?

AFTER READING THE STORY WITH CHILDREN, TRY THESE FUN ACTIVITIES:

Role-play/act out the story. Include simple props (hats, scarves).

Reword the core message of the story in rhyme.

Pick a holiday or a birthday and make a tradition of sharing a story.

Ask an older relative for personal story related to the message. Start a collection of family stories.

Record any personal stories that arise from these family activities.

EVERYONE HAS A STORY TO TELL: WHAT'S YOURS? SHARE AND CREATE CONNECTIONS

Who influenced your life and how?

What is your love story?

What is your greatest fear?

Who would you like to forgive or receive forgiveness from?

What would you do differently with a second chance?

ABOUT EVA GRAYZEL: SPEAKER, SURVIVOR, STORYTELLER

I call myself a Motivational Storyteller because every story I share, whether on a big stage or in a small group, is thoughtfully crafted to educate, entertain and inspire audiences.

This is just one of many stories available to you on EvaGrayzel.com. I would love to hear how you used the story and if it facilitated communication. If you are looking for a story on a particular subject, don't hesitate to ask.

Happy Storytelling!

Eva